

# 211's Guide to Mental Health & Other Support Groups in Palm Beach County

Please email [judi.hechtman@211pbtc.org](mailto:judi.hechtman@211pbtc.org) if you notice any information that needs to be updated-Thank you!

Category & Agency Name	Group Focus	Phone #	City Located
<b>Mental Health- Community</b>			
Faulk Center for Counseling-also variety of groups & LGBTQ	Mental Health/Wellness	561-483-5300	Boca Raton
Depression Bipolar Support Alliance-Delray Med. Center	Mental Health/Wellness	800-897-9789	Delray Beach
Mental Health Association of Palm Beach County	Mental Health/Wellness	561-832-3755	West Palm Beach
Mental Health Services (JFK Medical Center North Campus)	Mental Health/Wellness/Dual Diagnosis	561-881-4360	West Palm Beach
National Alliance on Mental Illness of Palm Beach County (NAMI)	Mental Health/Wellness	561-588-3477	West Palm Beach
Peer Place Support Center (Mental Health Association)	Mental Health/Wellness	561-712-0584	West Palm Beach
South County Mental Health Center	Mental Health/Wellness	561-637-1000	Delray Beach
<b>Mental Health- Eating Disorders</b>			
Alliance for Eating Disorders Awareness	Health/Body Image	561-841-0900	West Palm Beach
Food Addicts Anonymous	Health/Body Image	772-878-9657	Port St. Lucie
Overeaters Anonymous (North)	Health/Body Image	561-627-7286	Palm Beach Gardens
Overeaters Anonymous (South)	Health/Body Image	561-702-3232	S. PB County
<b>Mental Health-Rape/Domestic Violence/Victim/ Survivors</b>			
<b>1in6.org</b> – visit site for more information	Sexual Assault/Incest	N/A	Santa Clarita, CA
Aid to Victims of Domestic Abuse, Inc.	Crime Victim	561-265-2900	Delray Beach
Palm Beach County Victim Services (Belle Glade)	Homicide/Survivors	561-996-4871	Belle Glade
Palm Beach County Victim Services (Delray Beach)	Domestic Violence	561-274-1500	Delray Beach
Palm Beach County Victim Services (SART Center)	Domestic Violence	561-625-2568	West Palm Beach
Palm Beach County Victim Services (West Palm Beach)	Domestic Violence	561-355-2418	West Palm Beach
Women in Transition Domestic Violence Support Group	Domestic Violence	561-640-0050	West Palm Beach
MADD - Mothers Against Drunk Driving- to find local groups-press#3	Crime Victim	954-448-7880	Weston
Mothers Against Murderers Association	Homicide/Survivors	561-249-7974	West Palm Beach
Office of State Attorney (Palm Beach County)	Domestic Violence	561-355-7100	West Palm Beach
<b>MaleSurvivor.org</b> –visit website for more information	Sexual Assault/Incest	N/A	New York

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<b>Mental Health/Substance Abuse</b>			
Alanon/Alateen Family Groups	Families/Friends/ Individuals	561-882-0308	North Palm Beach
Al-Anon Family Groups	Families/Friends/ Individuals	757-563-1600	Virginia Beach
Bethesda Hospital East	Smoking Addiction	561-737-7733	Boynton Beach
Crossroads Club	Alcohol Use Disorder	561-278-8004	Delray Beach
www.FamiliesAnonymous.org -several chapters locally	Families/Friends/ Individuals	website	
Florida Region of Nar-Anon Family Groups	Families/Friends/ Individuals	888-947-8885	
Narcotics Anonymous (Northern Palm Beach County)	Drug Use Disorder	561-848-6262	West Palm Beach
Narcotics Anonymous (Southern Palm Beach County)	Drug Use Disorder	561-393-0303	Delray Beach
Nicotine Anonymous	Smoking Addiction	877-879-6422	Dallas
Palm Beach County Intergroup of Alcoholics Anonymous	Alcohol Use Disorder	561-655-5700	West Palm Beach
Recovery International (Boca Raton)	Mental Health/Wellness	561-271-2684	Boca Raton
Recovery International (Boynton Beach)	Mental Health/Wellness	561-602-3900	Boynton Beach
Recovery International (West Palm Beach )	Mental Health/Wellness	561-845-2513	West Palm Beach
South Palm Beach County Intergroup of Alcoholics Anonymous	Alcohol Use Disorder	561-276-4581	Delray Beach
South Palm Beach County Intergroup of Alcoholics Anonymous	Alcohol Use Disorder	561-655-5700	Lake Worth
Spanish River Church	Alcohol Use Disorder	561-994-5000	Boca Raton
<b>Mental Health-Suicide Survivors</b>			
American Foundation for Suicide Prevention Florida SE	Suicide Survivors	afsp.org/chapter/afsp-southeast-Florida	
Support Groups (JFS)	Suicide Survivors	561-684-1991	West Palm Beach
Survivor of Suicide Support Group (Lake Worth) (JFCS)	Suicide Survivors	561-965-8699	Lake Worth
<b>Mental Health &amp; Wellness- Veterans (also ask your VA provider)</b>			
Jupiter Vet Center	Mental Health/Wellness/Family	561-422-1220	Jupiter
Palm Beach Vet Center	Mental Health/Wellness/Family	561-422-1201	West Palm Beach
VA Mental Health Clinic	Mental Health/Wellness	561-422-8234	West Palm Beach
VA Social Workers	Health/Wellness/Caregiver	800-972-8262	West Palm Beach
VA Women's Clinic	Health/Wellness/Maternity Support	561-422-1236	West Palm Beach

<b>Category &amp; Agency Name</b>	<b>Group Focus</b>	<b>Phone #</b>	<b>City Located</b>
<b>Alzheimer's</b>			
Alzheimer's Care Resource Center Support Groups	Health/Wellness/Caregiver	561-588-4545	Lake Worth
Alzheimer's Community Care (Palm Beach County)	Health/Disability /Care Receiver	561-683-2700	West Palm Beach
Alzheimer's Association Southeast Florida Chapter	Caregiver/Care Receiver	800-272-3900	Ft. Lauderdale
FAU Memory & Wellness Center	Caregiver/Care Receiver	561-297-0933	Boca Raton
<b>Bereavement</b>			
Bereavement Support Group (BRRH)	General Bereavement	561-955-5966	Boca Raton
Children's Bereavement Center (Franklin Academy Charter School)	General Bereavement	561-257-2627	Boynton Beach
Compassionate Friends	Bereaved Parent	877-969-0010	PBG/Wellington
Shirley & Barton Weisman Delray Community Center	General Bereavement	561-558-2100	Delray Beach
Trustbridge	Bereaved Parent	561-848-5200	West Palm Beach
VITAS Healthcare	General Bereavement	800-938-4827	Boynton Beach
VITAS Healthcare Delray Beach Inpatient Unit	General Bereavement	561-808-1310	Delray Beach
Wellington Regional Medical Center (WRMC)	General Bereavement	561-733-6326	Wellington
<b>Caregivers</b>			
A True Jewel	Caregiver/Care Receiver	954-369-1315	Ft. Lauderdale
Alzheimer's Association Southeast Florida Chapter	Caregiver/Care Receiver	800-272-3900	Palm Beach
Healing Hearts-healing Minds	Caregiver/Care Receiver	561-350-0814	Greenacres
MorseLife Health System	Caregiver/Care Receiver	561-471-5111	West Palm Beach
Ruth & Norman Rales Jewish Family Services (JFS)	Caregiver/Care Receiver	561-852-3333	Boca Raton
Schaffer Adult Day Care Center	Caregiver/Care Receiver	561-687-5790	West Palm Beach
<b>Chronic Disease</b>			
ABCD (After Breast Cancer Diagnosis)	Women's Support Groups	414-977-1780	Glendale
American Cancer Society (West Palm Beach)	Health/Wellness re Condition	561-366-0013	West Palm Beach
American Heart Association Greater Southeast Affiliate	Health/Wellness re Condition	561-697-6600	West Palm Beach
American Lung Association in Florida, Palm Beach & Treasure Coast	Health/Wellness re Condition	561-659-7644	West Palm Beach
Boca/Delray Adult Diabetic Support Group	Health/Wellness re Condition	561-702-4119	Boca Raton
Brain Injury and Stroke Support Group	Health/Wellness re Condition	800-897-9789	Delray Beach
Brain Injury Association of Florida	Health/Wellness re Condition	850-410-0103	Tallahassee
Breast Cancer Support Group (BRRH)	Women's Support Groups	561-955-4501	Boca Raton
Breast Cancer Survivors Support Group (BRRH)	Women's Support Groups	561-955-4501	Boca Raton

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<b>Chronic Disease cont.</b>			
Cancer Victors and Friends	Health/Wellness	561-798-4536	Loxahatchee
Comprehensive Cancer Center Support Groups	Wellness re Cancer	561-292-4948	Boynton Beach
Crohn's & Colitis Foundation of America Florida Chapter-press #8	Wellness re Condition	561-218-2929	Boca Raton
Debbie's Dream Foundation-stomach cancer	Health/Wellness/Disability	954-475-1200	Plantation
Diabetes Center- GDPRI-Boca Raton Regional Hospital	Health/Wellness/Disability	561-955-2100	Boca Raton
Florida Brain Tumor Association	Health/Wellness/Disability	954-755-4307	Boca Raton
Florida Outreach Center for the Blind	Health/Wellness/Disability	561-642-0005	Palm Springs
Gloria Drummond Physical Rehab Institute- Boca R. Regional Hospital	Wellness re Condition	561-955-2100	Boca Raton
Lupus Foundation of America, FL Chapter (North/ South- Palm Beach)	Health/Wellness/Lupus	561-279-8606	or 855-905-8787
Leukemia & Lymphoma Society	Wellness re Cancer	561-616-8682	West Palm Beach
Imerman Angels- <a href="http://www.imermanangels.org">www.imermanangels.org</a>	Peer to Peer Match	877-274-5529	Chicago
International Myeloma Foundation	Health/Wellness re Myeloma	561-901-5938	Boca Raton
JFK Medical Center - <a href="http://jfkmc.com/patients/support-groups.dot">jfkmc.com/patients/support-groups.dot</a>	Heart/Cancer/Stroke/Sleep Disorder	See website	Lake Worth
Jupiter Medical Center- <a href="http://www.jupitermed.com/wellness/support-groups/">www.jupitermed.com/wellness/support-groups/</a>	Heart/Cancer/Stroke/Sleep Disorder	561-263-3659	Jupiter
Pinecrest Rehabilitation Hospital	Health/Wellness/Disability	561-495-0400	Delray Beach
POST	Health/Wellness (Ped Cancer)	561-882-6336	West Palm Beach
Prostate Cancer Support Group	Wellness re Cancer	561-496-4444	Delray beach
Sari Asher Center for Integrative Cancer Care	Wellness re Cancer	561-578-5900	Palm Beach Gardens
South Florida Radiation Oncology	Health/Wellness re Cancer	561-275-1820	Jupiter
<b>Families &amp; Disabilities</b>			
ALS Association Florida Chapter	Health/Wellness/Disability/Advocacy	888-257-1717	Tampa
Alpha 1 Foundation	Health/Wellness/Condition	305-567-9888	Coral Gables
CHADD of the Palm Beaches	Health/Wellness /Disability (ADHD)	561-718-1884	Lake Worth
Coalition for Independent Living Options (West Palm Beach)	Health/Wellness /Disability	561-966-4288	West Palm Beach
Epilepsy Foundation	Health/Wellness /Disability	561-478-6515	Delray
FAU Center for Autism and Related Disabilities	Health/Wellness /Disability	561-297-2055	Boca Raton
FAU Center for Autism and Related Disabilities (Jupiter)	Health/Wellness /Disability	561-297-2055	Jupiter
FDLRS/ALPHA-Florida Diagnostic/Learning Resource Systems	Parent Support Groups	561-434-8064	Royal Palm Beach
Federation of Families of Florida	Parent Support Groups	561-506-7144	Royal Palm Beach
Family Network on Disabilities of Florida	Parent Support/Groups	727-523-1130	Local 754-444-6550
Gulfstream Goodwill Industries (ask for the Adult Day Care Dept.)	Health/Wellness/Traumatic Brain Injury	561-848-7200	West Palm Beach

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<b>Families &amp; Disabilities cont.</b>			
Hearing Loss Association of America (Palm Beach County)	Health/Wellness/Disability	N/A	Delray Beach
JAFCO Children's Ability Center	Parent/Grandparents/Siblings	954-315-7033	Sunrise
Lighthouse for the Blind of the Palm Beaches	Health/Wellness/Disability	561-586-5600	West Palm Beach
National Federation of the Blind of Florida	Health/Wellness/Disability	561-855-0641	Boynton Beach
Parkinson's Caregiver Support Group	Caregiver/Care Receiver	561-844-0012	North Palm Beach
Solve ME/CFS Initiative-to find local & also visit <a href="http://www.SolveCFS.org">www.SolveCFS.org</a>	Health/Wellness/Disability/Advocacy	704-365-2343	Los Angeles
Special Needs Support Groups	Parent Support Groups	561-852-3112	Boca Raton
Tourette Syndrome Association Florida Chapter	Wellness w Tourette	727-418-0240	Melbourne
<b>Parenting/Family</b>			
Compass- LGBTQ	Individual/Parent/Family Support	561-533-9699	Lake Worth
Faulk Center for Counseling: Divorce/Parents/Men's/Women's/ LGBTQ	Different Groups/variety Topics	561-483-5300	Boca Raton
PFLAG National: LGBTQ-Parents, Families, Friends & allies	Individual/Parent/Family Support	202-467-8180	National
PFLAG: LGBTQ - families, friends & allies email: <a href="mailto:info@pflagpbc.org">info@pflagpbc.org</a>	Individual/Parent/Family Support	561-716-9464	Palm Beach County
Marriage and Family Services	Parenting/Family	561-503-3059	Delray Beach
National Single Parents Resource Center-online support groups	Separation/Divorce	561-441-8557	West Palm Beach
Psychological Wellness Center	Parent/Child	561-207-7625	Wellington
The Toby Center For Family Transitions-Parent Support groups	Separation/Divorce/Never Married	855-862-9236	Delray Beach
<b>Relative Caregivers/Grandparents Raising Grandkids/ Foster Care</b>			
Friends of Foster Children	Adoption & Foster/Kinship Care	561-352-2540	West Palm Beach
MorseLife Care Management (West Palm Beach)	Adoption & Foster/Kinship Care	561-289-8578	West Palm Beach
<b>Specialized Community/Misc.</b>			
Christine E Lynn Women's Health & Wellness Institute	Women's Support Groups	561-955-5000	Boca Raton
Clutterers Anonymous (CLA)	Hoarding	954-895-5410	Delray Beach
Co-Dependents Anonymous (CoDa)	Codependents Anonymous	888-444-2359	Phoenix
Gamblers Anonymous- meeting locations <a href="http://www.ga-sfl.org/meetings">www.ga-sfl.org/meetings</a>	Gambling Addiction	website	Palm Beach County
LGBTQ- Compass	Gay/Lesbian/Bisexual/Transgender	561-533-9699	Lake Worth
LGBTQ- The Volen Senior Center	Gay/Lesbian/Bisexual/Transgender	561-395-8920	Delray Beach
Sex and Love Addicts Anonymous- National	Sexual/Love Addiction	<a href="http://www.slaapb.org">www.slaapb.org</a>	N/A
Sex Addicts Anonymous (Boca Raton)	Sexual/Love Addiction	954-254-4234	Boca Raton

This listing is was produced June 2018 by 211 HelpLine. Inclusion in this guide does not imply endorsement nor does omission imply lack of endorsement by 211. For more information call 2-1-1 or text your zip code to TXT211 (898211). Please reach out to [Judi.Hechtman@211pbtc.org](mailto:Judi.Hechtman@211pbtc.org) if any of information in this guide is in need of update- or if you are aware of an agency that has a support group that is not listed.