

SUMMER PROGRAMS 2025

THERAPEUTIC RECREATION COMMUNITY PROGRAMS

CMAA Therapeutic Recreation Complex
2728 Lake Worth Road
Lake Worth, FL 33461
(561) 966-7088



Palm Beach County Board of County Commissioners
Maria G. Marino, Mayor, Sara Baxter, Vice Mayor
Gregg K. Weiss, Joel G. Flores, Marci Woodward
Maria Sachs, Bobby Powell Jr.

Verdenia C. Baker, County Administrator



How the lottery works:

- Palm Beach County Parks and Recreation Therapeutic Recreation section uses a lottery system for program registration to ensure everyone has equal access to register.
- There are limited program slots available. Applying for the lottery does not guarantee a slot in the selected programs.
- The lottery will be open for participants/parents to apply online during the dates listed.
- A computerized lottery spin will be conducted after the application period has closed.
- Participants/parents will be notified by phone of lottery results and be given payment information.
- If a participant is not selected in the lottery they will be entered onto the waitlist.

How to apply:

- Visit www.pbcparcs.com to begin.
- Under 'Online Services' tab, click on 'Register/Pay for a Program' in drop down menu.
- Login with your username and password.
- If you do not have a username, click on 'Create an Account' and follow prompts.
- For login assistance please call 561-966-7088.
- Click on the Therapeutic Recreation Link to find the upcoming programs.

Online Lottery Application:

May 27 - June 4, 2025

Payment Due Date:

June 13 by 12:00 p.m.

Program Requirements:

Ages 18+

Transportation not provided unless noted with the program information

Contact:

Emily Huhn | (561) 966-7088

Payment information:

- Program fees can be paid online or in person at the CMAA Therapeutic Recreation Complex.
- The Community Programs section is unable to accept payments over the phone.
- Any payment not received by the payment deadline, will result in forfeiture of unpaid program slots.
- Unpaid slots will become available for waitlisted participants.

Jupiter Programs

T-Rec Creations

Program Date: June 26, 2025

Day: Thursday

Time: 5:30 p.m. - 7:30 p.m.

Location: West Jupiter Recreation Center

Fee: \$15

Description: Unleash Your Creativity. Step into a world of imagination with Therapeutic Recreation's Creative Arts Program! Whether you're a seasoned artist or just exploring your creative side, this program offers a chance for self-expression and energetic fun. There's something for everyone. Let's bring ideas to life and make art that speaks!



Team Trivia & Photo Scavenger Hunt Challenge



Program Date: July 17, 2025

Day: Thursday

Time: 5:30 p.m. - 7:30 p.m.

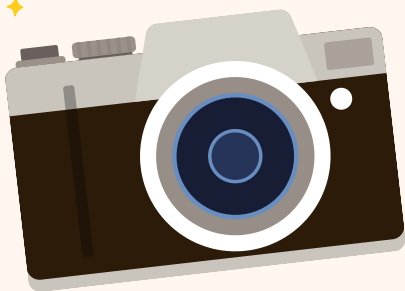
Location: West Jupiter Recreation Center

Fee: \$15

Description:

Trivia Night: Think you've got what it takes? Gather your crew and prepare for an evening of brain-teasing fun at Therapeutic Recreation's Trivia Night! Whether you're a seasoned quiz whiz or just looking for a fantastic way to connect with friends, this is your chance to challenge your mind, share some laughs, and create unforgettable memories.

Photo Scavenger Hunt: Hunt, Snap, & Explore: Unleash your creativity and detective skills at Therapeutic Recreation's Photo Scavenger Hunt! Armed with your camera, embark on an exciting quest to capture unique shots and complete our challenge list. Team up, explore, and let's see your most epic photos! Ready to snap your way to victory?

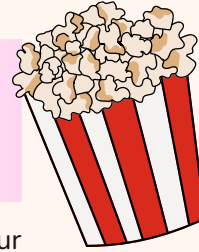


Social Skills

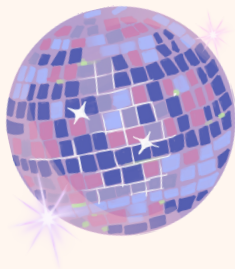
Movie Night

Program Date: July 8, 2025
Day: Tuesday
Time: 7:00 p.m. - 9:00 p.m.

Location: Meet at CMAA T-Rec Complex
Fee: \$15 (plus money for food at the concession on the day of the movie)



Description: Lights, camera, action! It's time to dim the lights, grab your favorite snacks, and settle in for a cinematic adventure with Therapeutic Recreation's movie night! Whether you're in the mood for edge-of-your-seat thrills, belly-laugh comedies, or heartwarming dramas, movie night is your ticket to escape. Get cozy, and let the storytelling begin!



Program Date: July 18, 2025
Day: Friday
Time: 6:00 p.m. - 8:00 p.m.

Location: CMAA T-Rec Complex
Fee: \$8

Description: Get ready to boogie at Therapeutic Recreation's 70s Dance Party! The music is funky, the vibes are electric, and the dance floor is calling your name. From funky beats to dazzling moves, this party is all about good vibes, classic tunes, and nonstop dancing. Throw on your best retro outfit and let's boogie the night away!

Game Night

Program Date: August 7, 2025
Day: Thursday
Time: 6:00 p.m. - 8:00 p.m.

Location: CMAA T-Rec Complex
Fee: \$15



Description: Time to put your game face on! Whether you're rolling dice or strategizing your next move, Therapeutic Recreation's Game Night is where legends are made. Prepare for an electrifying night with laughter that will echo for days! Are you ready to play?

Sports Mania Night



Program Date: August 13, 2025
Day: Wednesday
Time: 6:00 p.m. - 8:00 p.m.

Location: CMAA T-Rec Complex
Fee: \$15

Description: Get ready to push your limits and dive into the ultimate obstacle sports showdown with Therapeutic Recreation's Sports Mania Night! Expect thrills and epic victories as you race against your fellow competitors. So lace up, get fired up, and prepare for a night of non-stop action.

Plant a Friend



Program Date: August 26, 2025

Day: Tuesday

Time: 6:00 p.m. - 8:00 p.m.

Location: CMAA T-Rec Complex

Fee: \$15

Description: Calling All Green Thumbs! Join us for a day of gardening fun and hands on pot decorating. Whether you're a seasoned gardener or just love getting your hands dirty, this event is perfect way to unleash your imagination. Let's make the world a little greener, together!

Community Socials

Wellington Food Truck Night

Program Date: July 10, 2025

Day: Thursday

Time: 6:00 p.m. - 8:00 p.m.

Location: Meet @ Wellington Amphitheater
12100 Forest Hill Blvd, Wellington, FL 33414

Fee: \$15 (plus money for food trucks the day of event)

Description: Get ready for a feast on wheels! Food Truck Night is rolling in, bringing a delicious lineup of local favorites and bold flavors straight to you. Grab your friends and taste your way through a night of good food and great company. Come hungry, leave happy—this is a foodie experience you won't want to miss!



Jupiter Food Truck Invasion

Program Date: July 25, 2025

Day: Friday

Time: 5:30 p.m. - 7:30 p.m.

Location: Meet @ Abacoa Amphitheater
1260 University Blvd, Jupiter, FL 33458

Fee: \$15 (plus money for food trucks the day of event)

Description: Get ready for a feast on wheels! Food Truck Night is rolling in, bringing a delicious lineup of local favorites and bold flavors straight to you. Grab your friends and taste your way through a night of good food and great company. Come hungry, leave happy—this is a foodie experience you won't want to miss!



Athletic Skills

Archery

Program Dates:

Session 1: Monday, July 28

Session 2: Thursday, August 28

Time: 6:00 p.m. - 8:00 p.m.

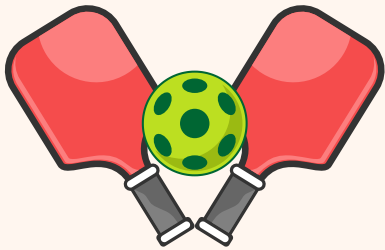
Location: CMAA T-Rec Complex

Fee: \$10 per session

Description: Ready to channel your inner archer? Whether you're a seasoned sharpshooter or just picking up a bow for the first time, Therapeutic Recreation's archery program is the perfect place to refine your skills, test your precision, and feel the thrill of hitting the bullseye. The range is set—let's take aim and fire!



IDD Pickleball - CMAA T-Rec



Program Dates: June 25 - August 6, 2025

Day: Wednesdays

No class July 2

Time: 6:30 p.m. - 8:00 p.m.

Location: CMAA T-Rec Complex

Fee: \$110

Description: Start the Summer with energy and excitement in Pickleball for IDD! This inclusive program welcomes all skill levels to enjoy the fast-paced and fun world of pickleball. Develop coordination, teamwork, and confidence while making new friends on the court. Let's rally together for a fantastic summer!

IDD Pickleball - West Jupiter

Session 1

Program Dates: June 16 - July 21, 2025

Day: Mondays

Time(s): 4:30 p.m. - 6:00 p.m. &
6:00 p.m. - 7:30 p.m.

Location: West Jupiter Recreation Center

Fee: \$110

Session 2

Program Dates: August 11 - September 22, 2025

Day: Mondays

Time: 1:30 p.m. - 3:00 p.m.

Location: West Jupiter Recreation Center

Fee: \$110

Times & Levels:

4:30 p.m. - 6:00 p.m. | Intermediate/Advanced:

For those who've played before. Improve consistency, control, and smarter play.

6:00 p.m. - 7:30 p.m. | Beginner:

No experience needed. Learn the game from scratch in a fun, easy-to-follow way.

1:30 p.m. - 3:00 p.m. | Mixed Skill Levels