

## Our Mission

The mission of the Youth Services Department is growing brighter futures by providing quality service, education, and access to resources and opportunities.

The Residential Treatment and Family Counseling Division offers specialized programs to families who need professional support in their efforts to raise healthy functioning children.

We maintain and strengthen the integrity of families through competent, caring and comprehensive services.

## Contact Us



### Central County

50 S Military Trl, Ste 203  
West Palm Beach, FL 33415  
(561) 242-5714

### South County

345 S Congress Ave  
Delray Beach, FL 33445  
(561) 276-1340

### West County

2976 State Road 15  
Belle Glade, FL 33430  
(561) 992-1233

### North County\*

3188 PGA Blvd., Room 1436  
Palm Beach Gardens, FL 33410  
(561) 242-5714

*\*Satellite office-by appointment only*



[pbcgov.com/youthservices/counseling](http://pbcgov.com/youthservices/counseling)



[pbcyouthservices](https://www.facebook.com/pbcyouthservices)



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[PBCYSD](https://www.instagram.com/PBCYSD)



Palm Beach County  
Board of County Commissioners



## Youth & Family Counseling Program

Palm Beach County  
Youth Services Department

Residential Treatment &  
Family Counseling Division

*“Every child dreams of success – it’s our job to provide the tools and resources to make those dreams come true.”*

*- Tammy K. Fields, Palm Beach County Youth Services Department Director*



## Program Description

The Youth and Family Counseling Program is a three to four month community-based program providing free therapeutic services for families with children and youth up to age 22 years old.

## Who Qualifies for the Program?

- Families with children and youth up to age 22
- Palm Beach County residents



## Services Provided

- Family Therapy
- Individual Therapy
- Group Therapy
- On Site School-Based Services
- Parent Education using evidence-based Systematic Training for Effective Parenting (S.T.E.P.)
- Trauma-Informed Care
- Community Presentations on a variety of topics related to youth and families

## Who Can Contact Youth and Family Counseling?

- Parents/Guardians
- School Personnel
- Law Enforcement
- Community Agencies
- Any child 13 or older
- Anyone who knows a child that may need help

## Counseling Issues Addressed

- Bullying
- Self Esteem
- Family Violence
- School Concerns
- Behavioral Concerns
- Separation and Divorce
- Parent/Child Relationships
- Communication and Social Skills
- Grief
- Trauma



**ASK US ABOUT YOUTH  
MENTAL HEALTH FIRST AID**