

Palm Beach County
Youth Services Department
Residential Treatment & Family Counseling Division
Education & Training Center
PRESENTS



Lunch & Learn

Building Blocks of Blended Families

Presenter: Alyssa Payne, Ph.D.



REGISTRATION LINK:

[HTTPS://
WWW.SURVEYMONKEY.COM/
R/78VWXHS](https://www.surveymonkey.com/r/78VWXHS)

*If you have trouble
accessing the survey, please
copy the link and paste it
directly into your browser*

Date & Location

THURSDAY,

OCTOBER 22, 2026

12:00 pm—1:00 pm

ZOOM REMOTE VIDEO CONFERENCE

Once registration is
confirmed, link to access
the training will be
provided

Description

Blended families often refer to families formed when a biological parent remarries or cohabits with a non-biological stepparent. An increasing number of youth are embedded in blended families and find the strengths of a widened support system. However, unique strengths come with unique challenges as family members navigate changing roles, relationships, and expectations. This presentation will define the concept of blended families, explore developmental stages, and provide strategies to address common challenges by increasing family togetherness, improving open communication and fostering resilience.

For more information on the Youth
Services Department, Scan the QR
code below



There is no cost associated with this program.