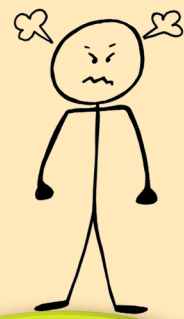


Palm Beach County
Youth Services Department
Residential Treatment & Family Counseling Division
Education & Training Center
PRESENTS



Lunch & Learn

Understanding and Addressing Challenging Behaviors in Adolescents

Presenter: Lisa Carter, M.S.



REGISTRATION LINK:

[HTTPS://
WWW.SURVEYMONKEY.COM/R/
NSWSY59](https://www.surveymonkey.com/r/NSWSY59)

If you have trouble accessing the survey, please copy the link and paste it directly into your browser

Date & Location

THURSDAY,

MAY 28, 2026

12:00 pm—1:00 pm

**ZOOM REMOTE VIDEO
CONFERENCE**

Once registration is confirmed, link to access the training will be provided

Description

Many adolescents struggle with challenging or acting out behaviors which impact their functioning in school, with friends, and at home with family. Parents often feel overwhelmed and confused as to why these behaviors are occurring and how to address them. This presentation will address possible reasons for these behaviors as well as discuss strategies to decrease challenging behaviors, increase positive behaviors, and improve relationships within the family.

