

Our Mission

The mission of the Youth Services Department is growing brighter futures by providing quality service, education, and access to resources and opportunities.

The Residential Treatment and Family Counseling Division offers specialized programs to families who need professional support in their efforts to raise healthy functioning children.

The Division strengthens families through competent, caring, and comprehensive services.



Contact Us



Education and Training Center
100 Australian Ave, Ste 210
West Palm Beach, FL 33406
(561) 233-4460

Highridge Family Center
4200 N Australian Ave
West Palm Beach, FL 33407
(561) 625-2540

**Youth & Family Counseling
Central County**
50 S Military Trl, Ste 203
West Palm Beach, FL 33415
(561) 242-5714

South County
345 S Congress Ave
Delray Beach, FL 33445
(561) 276-1340/(561) 732-2402

West County
2976 State Road 15
Belle Glade, FL 33430
(561) 992-1233

Family Violence Intervention Program
205 N Dixie Hwy, Ste 5.1130
West Palm Beach, FL 33401
(561) 355-2678/(561) 355-1664



pbcgov.com/youthservices/counseling



Palm Beach County
Board of County Commissioners

Residential Treatment & Family Counseling Division

Palm Beach County
Youth Services
Department



Education & Training Center

Program Overview

The Education and Training Center is a community resource for primary prevention through education, training, and professional development. Free services are provided to parents, children, families, school personnel, and mental health professionals in Palm Beach County.

Clinical Services

- **Family therapy** services are offered to families and youth up to age 22
- **Group therapy** may be provided based on community needs
- **Individual therapy** services are offered to youth ages 18-22
- **Parenting** is offered in evidence-based individual and group formats
- **Psychological evaluations** may be provided to youth already involved in the department's clinical services

Typical Issues Addressed

- Parent/Child Conflicts
- Separation/Divorce
- Emotion Regulation
- Traumatic Experiences
- Communication and Social Skills
- School Concerns
- Behavioral Concerns

Training & Community Outreach

The Education and Training Center is responsible for developing and implementing trainings, workshops, and community outreach activities and is approved to offer continuing education units to licensees in various mental health disciplines. The site also trains doctoral interns, postdoctoral fellows, and doctoral and master's level practicum students. The internship program is accredited by the American Psychological Association.

Youth & Family Counseling (YFC)

Program Overview

The Youth and Family Counseling Program is a three to four month community-based program providing free therapeutic services for families with children and youth up to age 22.

Services Provided

- Family Therapy
- Individual Therapy
- Group Therapy
- On Site School-Based Services
- Trauma-Informed Care
- Parent Education using evidence-based Systematic Training for Effective Parenting (S.T.E.P.)
- Community Presentations on a variety of topics related to youth and families

Counseling Issues Addressed

- Bullying
- Self Esteem
- School Concerns
- Behavioral Problems
- Separation and Divorce
- Parent/Child Relationships
- Communication and Social Skills
- Grief Counseling
- Traumatic Experiences
- Family Violence

Family Violence Intervention Program

- The Family Violence Intervention Program (FVIP) is a court diversion program for first time juvenile offenders who have been charged with domestic battery/assault.
- The program focuses on the unique problems of each family whose child has committed domestic violence.
- The juvenile must agree to attend an anger management group or individual and family counseling as assessed by the program.

Highridge Family Center

Program Overview

Highridge Family Center offers a three to four month, weekday residential treatment program for Palm Beach County youth, ages 11-16, who are experiencing problems at home, school, with friends or in the community. School instruction is provided on campus and in a small classroom setting by the School District.

Trauma-Informed Care

Highridge Family Center is certified by Sanctuary Model of trauma informed care. Our trauma informed programming focuses on creating a safe and supportive environment where healing from adversity occurs by fostering resilience through healthy relationships.

Services Provided

- Social Skills
- Managing Behavior
- Family Therapy
- Group Therapy
- Individual Therapy
- Communication Skills
- Emotion Regulation Groups
- Parent Education Groups
- Recreational Activities
- Conflict Resolution Skills

Residential Setting

- Trauma informed programming that focuses on home, school and peer issues
- Program participants stay in a dormitory style "house" of up to 12 youth per dorm
- Five dorms comprised of three male and two female dorms
- Twenty-four hour supervision
- Nursing staff available on each shift to address medical concerns